

# Hywel Dda University Health Board

# **Foundation Programme**





### Welcome to West Wales

West Wales provides a wonderful lifestyle opportunity, each of our major sites in Hywel Dda are in coastal areas with beautiful beaches and spectacular mountains within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality, famous for its outstanding natural beauty.

The Health Board serves a total popular of around 385,615 throughout the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

# Working at Hywel Dda University Health Board

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

# **Knowledge and Library Services**

#### Your Withybush Hospital Library staff are here to help you!

- Offer you a place to use a computer print and sit to study.
- Provide journal articles and books through our request service
- Perform literature searches
- Show you the best use of databases and how to access E-resources
- Take your recommendations for new book stock.

Everything we do is to save you time and money.







## **Haverfordwest**

Withybush General Hospital Withybush Hospital is а modern District General Hospital in Haverfordwest. which opened in 1979. It has approximately 260 beds and is the only hospital serving



Pembrokeshire residents (approx. 115,000) holidaymakers swelling the numbers all year-round. Withybush is situated on the outskirts of the town approximately one mile from the centre of Haverfordwest. The hospital provides a broad range of services in general medicine, including Rheumatology, Palliative Care and Care of the Elderly. There are six operating theatres including a Day Surgery Unit, an Emergency and Urgent Care Centre and Adult Clinical Decision Unit (ACDU) and a Renal Unit. The Endoscopy suite is the 3<sup>rd</sup> unit to receive JAG accreditation in Wales. A Haematology & Oncology unit opened in January 2017. The medical department has a ward-based model, which provides an opportunity to work in a multi-disciplinary team. Withybush has general surgical, orthopaedic, and gynaecological wards as well as ITU and HDU facilities, and a Midwifery Led Unit.

The F2s in the Emergency Medicine/surgery/Care of the elderly rotation, will have opportunity to join the Coastal Medicine programme, working with the RNLI (Lifeboats and Lifeguards). F2s would continue to learn medical, communication and educational skills, via a realistic, team-based approach to the pre-hospital management of casualties.







The Medical Education department consists of 6 members of staff who have created an educational environment that nurtures and develops doctors for the future. We deliver quality training standards by harmonising service and teaching to maximise all the educational opportunities within the clinical setting. We have a culture at Withybush of educators supporting and developing doctors as trainers and provide continual professional development opportunities to all of our doctors and dentists.



Withybush Hospital has a robust teaching and training programme providing the Foundation curriculum and departmental teaching on a weekly basis along with ward-based teaching.

As winners of the Paul Bradley Prize for Excellence in Clinical Skills Training, we pride ourselves in providing a safe environment for undergraduate, postgraduate, team and inter-professional simulation and skills training. Our Clinical Skills tutor facilitates various skills teaching using our wide range of manikins with assistance of senior doctors and simulation training with our Leardal Simman in the skills lab as well as in-situ in A&E and on the wards.

The Withybush Library offers support and advice with multidisciplinary resources and aim to provide an equitable service to all employees and students on placement. The library, IT room and clinical skills lab have 24hr access and the whole site has The Cloud as its Wi-Fi provider.

There are 2 Doctor Mess rooms, one located in the hospital and the other in an accommodation block. Every year a Mess committee is assembled to provide a voice for the junior doctor in training at a Health Board level as well as organise social meetings and functions to support new doctor in Withybush.

We have medical students from both Cardiff and Swansea University whom of which are all eager to learn from both foundation and senior doctors.

#### **Hospital Provided Accommodation**

F2s in the hospital are offered accommodation at a very reasonable rate.