

# Learning Disabilities Staff Nurse

**Jayne Sterriker**  
Nursing



GIG  
CYMRU  
NHS  
WALES

75



I am a staff nurse in one of the three learning disability wards in Bryn y Neuadd Hospital. I work in a team which supports 8 gentlemen in bungalows within the hospital grounds. The job is so varied and utilises a wide range of skills; teaching, counselling, parenting, advocating, supporting, and generally being able to think on your feet and come up with ingenious ways of communicating.

I enjoy working as part of a multidisciplinary team with shared values, goals and aspirations, and more recently having more direct patient contact. I would recommend learning disability nursing to anyone as a career.

My interest has always been in learning disabilities and I completed my teacher training in this field. I then came to the beautiful North Wales to gain more experience, having worked as a nursing assistant in a hospital in East Yorkshire during my summer holiday breaks. And I never left!

I am proud to work for the NHS. Despite the difficulties of an underfunded and often overworked service, I have been privileged to work alongside some of the most kind and compassionate people I have ever met. I am grateful not only as an employee but also as a recipient of kind and compassionate care.



GIG  
CYMRU  
NHS  
WALES

Addysg a Gwella Iechyd  
Cymru (AaGIC)  
Health Education and  
Improvement Wales (HEIW)