SAS Doctors have always been in the forefront of service delivery in the NHS. They have been the backbone of any department in provision of clinical care and supporting their consultant colleagues in delivering services. What had not been recognised until recently is the fact that many SAS doctors have been playing an important role in teaching their juniors, medical students and allied health professionals.

Over recent years, under the auspices of Wales Deanery and in collaboration with BMA Wales Cymru, this role has been acknowledged and the BEST awards now recognise excellence in postgraduate medical and dental education in Wales.

What is recognised as Excellence in Postgraduate Medical and Dental Education in Wales?

There are two Award categories for nominations which are –

1. Innovative in Education (SAS)
2. Clinical Service Innovation (SAS). Colleagues can nominate SAS doctors under one or both of these categories.

A number of different areas of clinical work can be acknowledged within the umbrella of these awards. This allows for the whole range of skills and expertise demonstrated by SAS doctors to be considered worthy of recommendation for an award.

Examples of the attributes that can be considered for nominations include:

**A Clinical Context**
- Continue to perform clinical duties to the best of their ability.
- Regularly update their clinical knowledge and maintain skills.

**An Educational Context**
- Demonstrate excellence in Teaching and perceived by others as being a good teacher.
- Undertake supervision of senior clinical projects.
- Demonstrate experience of postgraduate medical training and teaching.
- Demonstrate involvement in teaching at all stages i.e. junior and senior doctors.
- Show extensive experience of teaching a variety of learners using different methods e.g. teach undergraduate medical and nursing students, midwives and GPs and GP Practice nurses.

**An Innovation Context**
- Lead on quality improvement projects to develop high quality teaching.
- Lead and coordinate meetings, set agenda, highlight areas of concern and promote areas of innovation and development and resolve any concerns.
- Lead and manage projects to enhance teaching.
- Introduce IT innovations to solve problems.
A Management Context
• Promote the importance of good team working within multidisciplinary teams.
• Develop strong communication skills (sell ideas to others and raise awareness).
• Establish groups and network and build contacts.
• Make best use of various communication mediums (e.g. websites).
• Promote multidisciplinary working and good medical practice.
• Organise events (lectures, seminars, workshops, regular educational meetings, presentations on specialty specific or generic topics).
• Develop and maintain good working relationships with colleagues.

A Supportive and Collegiate Context
Support multidisciplinary teams to the best of your ability.

The Personal and Professional Development Context
• Develop responsibilities in terms of service delivery and in personal and professional development.
• Identify own personal and professional development needs.
• Keep up to date with educational matters and developments in medical education.
• Undertake higher educational programmes e.g. specialty specific Masters programmes, Certificate/Diploma or Masters in Medical Education or similar.
• Learn from events and improve overall performance.

Undertake Additional Roles, such as:
• Sitting on interview panels.
• Undertaking the role of an Educational Supervisor and/or Clinical Supervisor.
• Becoming a trainer for simulation sessions.
• Becoming an Instructor.
• Becoming the Clinical Lead for work experience programme.
• Acting as an appraiser.
• Getting involved in service development.
• Undertaking the role of Undergraduate Liaison Officer and get involved in the further development of undergraduate societies at Medical Schools.
• Acting as the SAS representative for the Health Board to various committees (e.g. job planning and Revalidation Steering Groups and Local Faculty Board) and represent the opinions of SAS colleagues.
• Acting as a representative on BMA Wales SAS Committee.
• Acting as a representative of the Royal College.
• Undertaking the role of Clinical Teacher at Medical School.
• Becoming the elected President of a Medical Society.
• Becoming the Chair the Royal College SAS Doctors Steering Group.
• Becoming a member of SAS Doctors Committee in the Academy of Medical Royal Colleges.
• Joining the Association of Medical Educators.

The NHS Wales Awards
This is another opportunity for SAS doctors to get their achievements recognised in Wales.

The NHS Wales Awards are organised by the 1000 Lives Improvement service which is part of Public Health Wales. They are a national showcase for excellence and celebrate good practice in delivering improved, high quality patient care across Wales. The Awards were launched in 2008 to celebrate the 60th anniversary of the NHS. Open to teams and organisations, the aim of the NHS Wales Awards is to uncover, acknowledge and celebrate good practice that has helped to transform patient care.

There are eight categories in addition to one overall category where the winner is chosen from the finalists of the other eight categories.

The Awards are open to all staff (including SAS Doctors) – clinical and non-clinical – as well as students.

Further Information
http://www.1000livesplus.wales.nhs.uk/home
https://www.walesdeanery.org/best-bsas-awards-1

Interested in learning more about this and other educational topics? Why not professionalise your role with an academic qualification at PGCert, Dip or MSc in Medical Education via e-learning or attendance courses.
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